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October 2022 Horticulture Newsletter

Find the latest Horticulture Program Newsletter from YOUR Pulaski County Cooperative Extension Service



Bring the whole family!
Dress appropriately

MULCH MADNESS!

TREE PLANTING

FIREBROOK PARK
40 FIREBROOK DRIVE
OCTOBER 8 @ 10AM

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In this month's newsletter (scroll down to see all the info)

- **Tree Week in Pulaski Co!** Many, many activities during the week!!
- County-Wide [Tree Week Scavenger Hunt](#) October 8-16. Tree Week prizes can be earned! [Download the GooseChase app](#) to participate
- Tree Week webinars
- Avoid Pruning Woody Plants in October
- Horticulture Webinar Wednesdays for October
- Bulb Planting Time!
- Dig and Store Tender Bulbs
- [Bat Week is October 24-31](#)
- Apple Spinach Salad recipe
- Pine Straw Available for Purchase, NEW PRICES
- Pulaski County Horticulture YouTube Channel

NO NEED TO REGISTER TREE WEEK EVENTS
UNLESS SPECIFIED

UPCOMING EVENTS:

- October 8 -- [Community Tree Planting & Mulch Madness](#), 10am, [Firebrook Park](#).
- October 9 -- [Bird Walk Among the Trees](#), 8am, Zollicoffer Park
- October 9 -- [Community Tree Planting](#), 2pm, Ferguson Park, 540 Hwy 3057, Ferguson)
- October 10 -- [Bird Walk Among the Trees](#), 9am, Zollicoffer Park, Hwy 235, Nancy
- October 10-14 -- [Guided Hike along the Black Walnut Trail](#), 10am & 1pm, Army Corps of Engineers, 855 Boat Dock Rd
- October 10 -- [Nature Trail Tree Walk](#), 10am, Somerset Community College
- October 10 -- How Not to Kill A Tree webinar, [JOIN HERE](#) scroll down to see the other informative webinars
- October 10 -- [Urban Tree Walk](#), 5pm, Somerset Community College
- October 11-- [Tree ID Walk & Children's Activities](#), 4:30pm, [Eubank City Park](#),
- October 12 -- Horticulture Webinar Wednesday, 12:30pm (scroll down for more info)
- October 12 -- [Nature Trail Tree Walk](#), 3pm, Somerset Community College
- October 12 -- [Fall Color Tree ID Hike](#), 4pm, Pulaski Co Park Eagle Scout Trailhead
- October 13 -- [Tree Planting is More Than Just Digging a Big Hole](#), 10am & 6pm, Pulaski Co Extension Service office
- October 14 -- [Yoga Among the Trees](#), 5pm, Somerset Community College.
- October 15 -- [Invasive Plant Walk or Trees You Wish You;d Never Planted](#), 10am, [Firebrook Park](#)
- October 15 -- [Painting Class: Abstract Tree](#), 1pm, \$30, Pulaski Co Extension Service office, must pre-register
- October 15-16, [Kentucky Tree Climbing Championship](#), [Levi Jackson State Park](#), London

THERE'S SO MUCH MORE BELOW!

Keep scrolling to see what's happening!

TREE WEEK
OCTOBER 8-16, 2022
A CELEBRATION OF TREES AND ALL THE WAYS TREES AFFECT OUR LIVES!

Bring the whole family!
Dress appropriately

MULCH MADNESS!

TREE PLANTING

FERGUSON PARK
540 HWY 3057
OCTOBER 9 @ 2PM

UK University of Kentucky
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Tree Week is coming to Ferguson!

Sunday afternoon we'll be planting some new trees and spiffing up the existing trees with mulch. We encourage community participation!! Participants can earn some TREE WEEK SWAG.




Bring the whole family!
Dress appropriately

NATURE TRAIL TREE WALK

Meet at the Nature Trail on the back side of campus



EVENT HERE

Look for the Tree Week sign!

SOMERSET COMMUNITY COLLEGE
808 MONTICELLO ST
OCTOBER 10 @ 10AM



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WE NEED TREES MORE THAN TREES NEED US!

CELEBRATE TREES

The first of two scheduled NATURE TRAIL TREE WALKS is happening on October 10 at 10am.

The second NATURE TRAIL TREE WALK occurs on Wednesday, October 12 at 3pm.

These are family-friendly walks. Get out and enjoy the trees all around you!



Participants
can earn
some TREE
WEEK swag!

Eubank City Park October 11 4:30pm

- Lots of Kids Activities (owl pellets, paint-your-own tshirt, leaf rubbings, coloring pages)
- Guided or On-Your-Own Tree Walk



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Tree Week is coming to Eubank!

Tuesday afternoon after school we'll have lots of activities for kids. We will have a guided trail walk as well. We encourage community participation!! Participants can earn some TREE WEEK SWAG.



It's Tree Week!

Celebrate Tree Week 2022 with UK Forestry & Natural Resources Extension for these virtual events via Zoom:

Monday, Oct. 10	12pm ET	How Not to Kill a Tree
	2pm ET	The Fabulous World of Fungi
Tuesday, Oct. 11	12pm ET	Identifying Kentucky's Trees
Wednesday, Oct. 12	11am ET	Why are Urban Trees Important?
Thursday, Oct. 13	9am ET	Small Trees for Small Spaces
	12pm ET	The Kentucky Maple Syrup Project
Friday, Oct. 14	1pm ET	Invasive Plants and Native Alternatives

Look for more local events happening in these counties:
Boyd, Christian, Daviess, Fayette, Hardin, Jefferson, Madison, McCracken, Perry, Pulaski, Scott, Warren, and Woodford

UFI.CA.UKY.EDU/TREEWEEK

Pre-register at:
https://uky.zoom.us/webinar/register/WN_wsgpyjY6RT6VEwVuaYpNuw

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PRE-REGISTER TREE WEEK WEBINARS

- October 10, 12pm -- [How Not to Kill A Tree](#)
 October 10, 2pm -- [The Fabulous World of Fungi](#)
 October 11, 12pm -- [Identifying Kentucky's Trees](#)
 October 12, 11am -- [From the Woods Today Special Tree Week Edition](#)
 October 13, 10am -- [Small Trees for Small Spaces](#)

October 13, 12pm -- [The Kentucky Maple Syrup Project](#)

October 14, 1pm -- [Invasive Plants and Native Alternatives](#)



Time to Plant Garlic

Mid- to late-October is a great time to plant garlic in Kentucky

Hardneck varieties are reliable

Plant pointy-end up

Frost won't bother it during the winter



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Avoid pruning woody plants til after leaf drop

- Pruning invigorates a tree/shrub when it should be going into dormancy
- Buds that break after pruning will not have time to harden off before winter
- Pruning now may prune off flower buds (e.g. lilac, azalea, redbud, viburnum, etc.)



The architecture of the tree is best seen once the leaves have dropped. And it's better for the health of the plant to wait until dormancy.

[Pruning Landscape Shrubs](#)

[Pruning Landscape Trees](#)

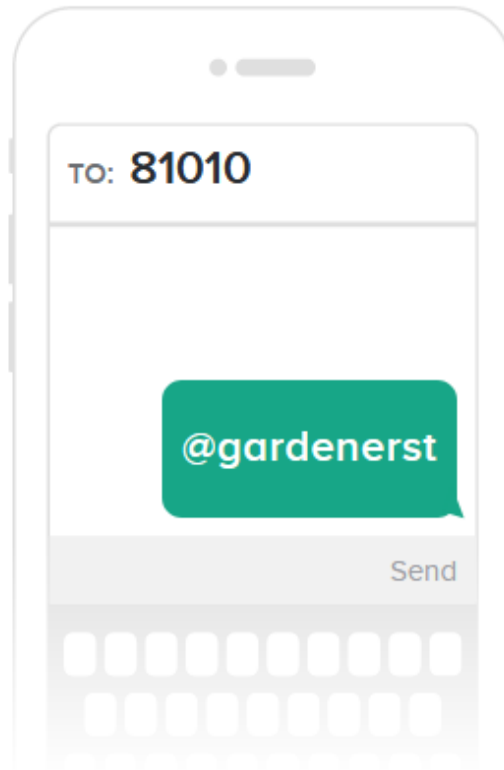
[Tree Pruning Essentials](#) video

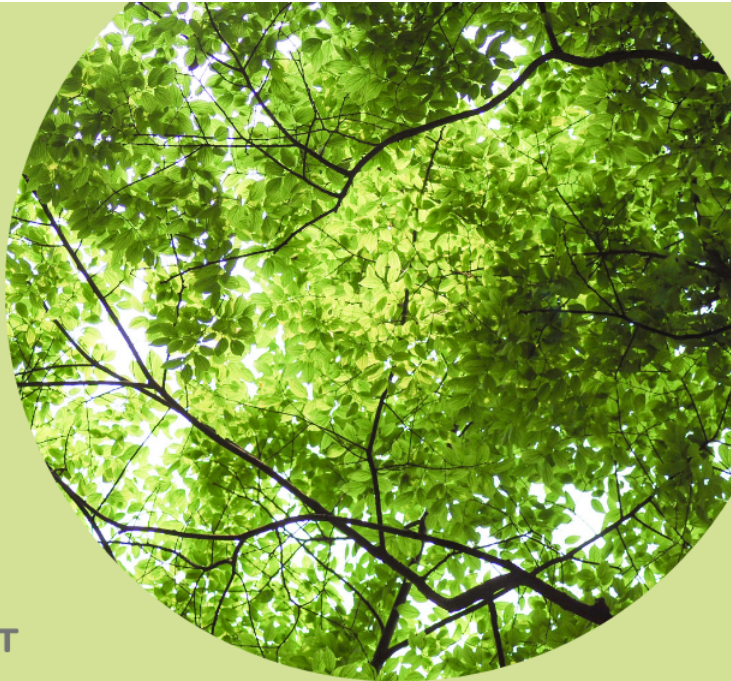
To get text reminders about upcoming home horticulture programs,
join our Remind list

Tell people to text @gardenerst to the number 81010

They'll receive a welcome text from Remind.

If anyone has trouble with 81010, they can try texting @gardenerst to (606) 536-9692.





**OCTOBER 12,
2022**

12:30 PM ET / 11:30 AM CT

HOW TO HELP YOUR TREES THRIVE

Register at this link:

<https://tinyurl.com/22octHWW>

Visit kentuckyhortnews.com



**OCTOBER 19,
2022**

12:30 PM ET / 11:30 AM CT

TREE RISK ASSESSMENT

Register at this link:

<https://tinyurl.com/22octHWW>

Visit kentuckyhortnews.com



**OCTOBER 26,
2022**

12:30 PM ET / 11:30 AM CT

**GREAT NATIVE
ALTERNATIVES TO
INVASIVE TREES**

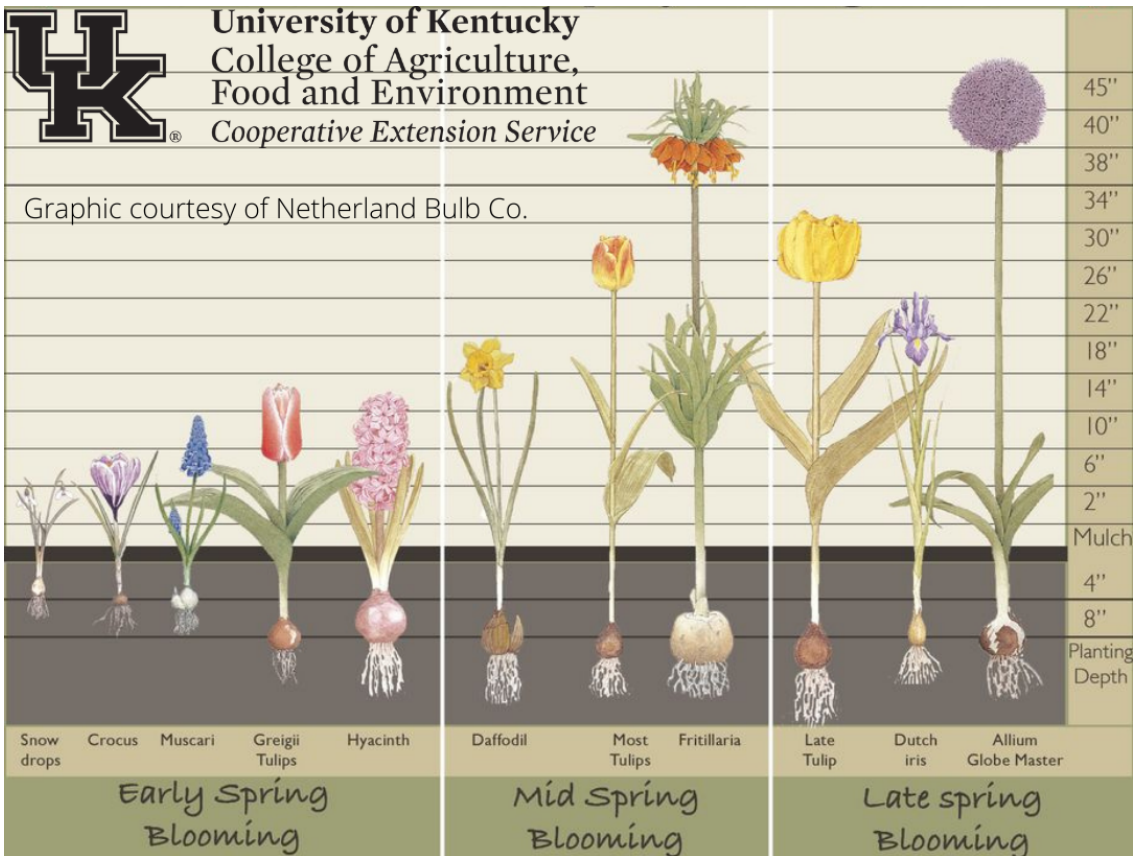
Visit kentuckyhortnews.com

Register at this link:

<https://tinyurl.com/22octHWW>



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- **OCTOBER IS THE IDEAL PLANTING TIME**
- **AT LEAST 6 HOURS OF SUN**
- **PLANT BULB 2-3 TIME DEEP AS IT IS TALL**

Bulbs provide a burst of color that awakens your senses from the winter doldrums. Consider planting bulbs now through December!

Good discussion of [bulbs from University of Illinois](#)



Tender bulbs like dahlias, caladiums, and cannas should be lifted and stored. It's a crapshoot in Kentucky whether or not these bulbs will survive if left in the ground over the winter. To guarantee they survive, dig and store.

[University of Wisconsin factsheet](#)

Soil test for your vegetable gardens, trees, shrubs, perennials, annuals, turf, anything! It can be done at any time of the year. Each resident of Pulaski Co gets up to 25 tests for free!

[How to Take a Soil Sample](#)

[Soil Testing: What It Is and What It Does](#)



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**Wanna great vegetable garden
next year? Then...**

test your soil now

Contact the Pulaski Co Extension office to find out how
606-679-6361 or beth.wilson@uky.edu

Get ready for more From the Woods Today webinars each Wednesday morning at 11am from the UK Department of Forestry and Natural Resources!



www.FromTheWoodsToday.com

UK's Horticulture
Webinar Wednesdays
are archived on this
[YouTube channel.](#)

Horticulture
Webinar
Wednesdays

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PINE STRAW AVAILABLE

NEW PRICES

\$8 per bale for 49 or less bales

\$7 per bale for 50 or more bales

Pine straw comes to Pulaski County courtesy of the [Lake Cumberland Master Gardener](#) Association.



Apple Spinach Salad

5 ounces fresh spinach	½ cup golden raisins	1 tablespoon olive oil
4 large Gala apples		1 tablespoon cider vinegar
2 ounces sharp white cheddar cheese, shredded	Dressing:	¼ teaspoon dry mustard
½ cup slivered almonds, toasted (see directions below)	2 tablespoons honey	½ teaspoon ground cinnamon
		¼ teaspoon finely chopped garlic

Wash and dry fresh spinach. **Tear** into small pieces. **Core and chop** apples into bite sized pieces. Do not peel. **Mix** together spinach, apples, cheese, almonds and raisins. In a small bowl, **stir** together dressing ingredients and pour over salad mixture. **Toss and serve.** **To toast almonds:** Spread almonds evenly in a small saute pan, over medium high heat for about 30 seconds, **stir.** Continue to **heat** almonds for an additional

3-5 minutes, **stirring** often for even browning. **Remove** from heat when almonds are fragrant and turning golden brown around the edges. Immediately **pour** almonds into a dish to cool.

Yield: 10, 1 cup servings.

Nutritional Analysis: 150 calories, 6 g fat, 1.5 g saturated fat, 5 mg cholesterol, 50 mg sodium, 22 g carbohydrate, 3 g fiber, 17 g sugar, 3 g protein.



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

<http://plateitup.ca.uky.edu>



You can go back and look at old newsletters from 2018 through 2020.

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LEXINGTON, KY 40546



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